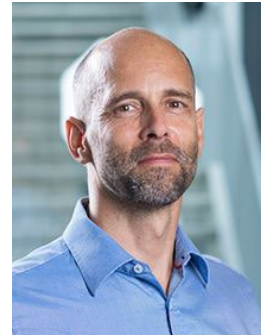


CURRICULUM VITAE

PERSONAL INFORMATION

Dr. Ludwig Grillich

University of Krems
 Department for Evidence-Based Medicine and Evaluation
 Tel: +43 2732 893 2915
 Email: ludwig.grillich@donau-uni.ac.at



SKILLS AND EXPERIENCE

Evaluation/Research Design and scientific management of process, outcome and impact evaluations of complex interventions at regional, national and EU level in line with the DeGEval Standards; development of impact models and programme theories; impact-oriented monitoring and indicator systems; evidence-based decision-making processes and quality and requirement catalogues in health promotion and prevention; evidence syntheses (systematic reviews, overviews of reviews, rapid reviews, evidence maps); quantitative, qualitative and mixed-methods designs, including cluster-randomised trials; participatory and developmental evaluation.

Teaching Design and management of degree programmes, courses and workshops; more than 20 years of teaching experience at universities and universities of applied sciences

Management Set-up and management of a university evaluation centre (since 2009); deputy head of department; multi-project management (12+ parallel projects); budget and contract responsibility; leadership of heterogeneous expert teams (7–9 staff); stakeholder management with funders and clients; staff development (development reviews, support of early-career researchers)

Languages English (C1); several years of international project experience; presentations and publications in English

EDUCATION

- 2009- 2026 University of Vienna**
 Doctoral programme in Philosophy, dissertation field: Psychology
 Dissertation: "Contributions to Evidence-Informed Practice for Strengthening the Social Connection of Older Adults in the Community"
 Completed 19.10.2026 (Doctor of Philosophy, Dr. phil.)
- 1987- 1995 University of Vienna**
 Diploma programme in Psychology
 Graduation 05.07.1995 (Magister rer. nat.)
- 1986** Matura (Austrian university entrance qualification), Bundesrealgymnasium Salzburg (BRG Akademiestraße)

FURTHER TRAINING

- 2018** **University of Liverpool, London**
Realist Evaluation and Synthesis
- 2015** **University of Krems**
“GRADE – von Studien zu Leitlinien” [GRADE – from studies to guidelines]
- 2013** **University of Liverpool**
European Summer School in Evidence Based Public Health
- 1991–1992** Training in communication, facilitation, group leadership and team development with Univ.-Prof. P. Innerhofer

PROFESSIONAL EXPERIENCE

- since 2018** **UNIVERSITY OF KREMS, Department for Evidence-Based Medicine and Evaluation**
Head of the Centre for Evaluation
- since 2017** **UNIVERSITY OF KREMS, Department for Evidence-Based Medicine and Evaluation**
Head of the university course “Regionale Gesundheitskoordination, akademische/r Experte/Expertin” [Regional Health Coordination, Academic Expert]
- since 2014** **UNIVERSITY OF KREMS, Department for Evidence-Based Medicine and Evaluation**
Deputy Head of Department
- 2009-2018** **UNIVERSITY OF KREMS, Department for Evidence-Based Medicine and Evaluation**
Head of the Evaluation Unit
- 2008–2013** **FH JOANNEUM UNIVERSITY OF APPLIED SCIENCES, degree programme**
“Gesundheitsmanagement im Tourismus” [Health Management in Tourism]
Lecturer (full-time), Public Health
- 2006–2008** **IMC UNIVERSITY OF APPLIED SCIENCES KREMS, degree programme**
“Gesundheitsmanagement” [Health Management]
Head of Degree Programme
- 1999–2006** **DIEPARTNER.AT SOZIAL- UND GESUNDHEITSMANAGEMENT GMBH**
Set-up – Division Manager – Managing Director
- 1998–2000** **JOHANNES KEPLER UNIVERSITY LINZ, Department of Social and Economic Psychology (o.Univ.-Prof. em. Dr. Hermann Brandstätter)**
Research Project Assistant

TEACHING

- since 2018** **BURGENLAND UNIVERSITY OF APPLIED SCIENCES, master’s programme**
“Gesundheitsförderung und Gesundheitsforschung” [Health Promotion and Health Research] (from 2020: “Gesundheitsförderung und Personalmanagement” [Health Promotion and Human Resource Management])

Lecturer: “Evidenzbasierte Gesundheitsförderung” [Evidence-Based Health Promotion] (2018–2019), “Settingspezifische Gesundheitsförderung” [Setting-Specific Health Promotion] (2020), “Projektarbeit II” [Project Work II] (since 2021); supervision of master’s theses

2016–2018 CONTINUING EDUCATION (selection)

Fonds Gesundes Österreich [Austrian Health Promotion Fund] (2016, 2017), Gesundheitsfonds Steiermark [Styrian Health Fund] (2017), Styria vitalis (2018), certificate course in evaluation, Ferdinand Porsche FernFH (2018), talk on preventive screenings, Braunau (2017)

2015 CLUB.PFLEGENETZ, university courses “Akademische Expertise” [Academic Expert] (“Praxisanleitung und Mentoring im Gesundheitswesen” [Practical Instruction and Mentoring in Health Care], “Komplementäre Gesundheitspflege” [Complementary Health Care], “Gesundheits- und Pflegeberatung” [Health and Nursing Counselling])
Lecturer: “Public Health I”

2011–2024 UNIVERSITY OF KREMS, Nursing Science (today Department for Dementia Research and Nursing Science)

Lecturer in the university courses MSc “Pflegemanagement” [Nursing Management], MSc “Gesundheits- und Pflegepädagogik” [Health and Nursing Education] and MSc “Advanced Nursing Practice”: “Einführung in Public Health” [Introduction to Public Health], “Grundwissenschaften und Aufgabenfelder Public Health” [Basic Sciences and Fields of Public Health]; review of master’s theses

2006–2008 IMC UNIVERSITY OF APPLIED SCIENCES KREMS, degree programme “Gesundheitsmanagement” [Health Management]

Lecturer; Chair of the specialisation “Prävention und Gesundheitsförderung” [Prevention and Health Promotion]

1997–2005 UNIVERSITY OF VIENNA

University Lecturer

COMMITTEES AND ADVISORY BOARDS

2011–2015 MAIN ASSOCIATION OF AUSTRIAN SOCIAL SECURITY INSTITUTIONS (Hauptverband)
Member of the Advisory Board on Health Promotion and Prevention

2011–2012 GESUNDHEIT ÖSTERREICH GMBH (Austrian National Public Health Institute)
Member of the expert advisory board “Best Practice in Gesundheitsförderung” [Best Practice in Health Promotion]

2000–2006 AUSTRIAN FEDERAL INSTITUTE FOR HEALTH CARE (ÖBIG) (EMCDDA focal point Austria)
Member of the “Qualitätszirkel Evaluation” [Quality Circle Evaluation]

MEMBERSHIPS

European Society for Prevention Research (EUSPR)

DeGEval – Gesellschaft für Evaluation [Evaluation Society]

PEER REVIEW

Prävention und Gesundheitsförderung

The Journal of Primary Prevention

PROJECT MANAGEMENT/SCIENTIFIC RESPONSIBILITY (SELECTION)

Full list of projects at the University of Krems: <https://www.donau-uni.ac.at/en/university/organization/employees/person/4295160336>

- | | |
|------------------|--|
| 2026 | Scientific lead: “Qualitätsprüfung der Evaluation der Universitätsambulanz für Psychosomatische Medizin und Psychotherapie” [Quality review of the evaluation of the University Outpatient Clinic for Psychosomatic Medicine and Psychotherapy], commissioned by the University Outpatient Clinic |
| 2024-2028 | Scientific lead: “Verbesserung der Krebsvorsorge in Europa: Evaluation von EUCanScreen” [Improving cancer screening in Europe: evaluation of EUCanScreen], funded by the EU |
| 2024-2026 | Scientific lead: “Stärkung der Individuellen Gesundheitskompetenz in Gruppenbasierten Schulungsformaten (SIGGS) Evidenzinformierter Anforderungskatalog” [Strengthening individual health literacy in group-based training formats (SIGGS): evidence-informed requirements catalogue], funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS) |
| 2023-2024 | Scientific lead: “Begleitung der Implementierung eines wirkungsorientierten Evaluations- und Monitoringsystems bei ‘Tut gut!’” [Support for the implementation of an impact-oriented evaluation and monitoring system at ‘Tut gut!’], funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS) |
| 2023-2024 | Scientific lead: “Entwicklung eines Plans zur Evaluation des Pilotprojekts AT 2.0” [Development of an evaluation plan for the pilot project AT 2.0], funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS) |
| 2022-2023 | Scientific lead: “‘Vorsorge Aktiv’-Auswertung” [‘Vorsorge Aktiv’ analysis], for “Tut gut!” Gesundheitsförderungs GmbH, funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS) |
| 2022-2023 | Scientific lead: “Kooperativ partizipative Entwicklung eines Plans zur Evaluation der ‘Richtig essen von Anfang an!’-Ernährungsworkshops” [Cooperative, participatory development of an evaluation plan for the ‘Richtig essen von Anfang an!’ nutrition workshops], funded by the UMBRELLA ASSOCIATION OF AUSTRIAN SOCIAL INSURANCE INSTITUTIONS (DVSU) |
| 2022-2024 | Scientific lead: “Externe nutzen- und entwicklungsorientierte fachliche Evaluation einer digitalen Angebotsinfrastruktur in der Settingprävention” [External utilisation- and development-focused evaluation of a digital service infrastructure in setting-based prevention], funded by the ASSOCIATION OF PRIVATE HEALTH INSURANCE (PKV) |

- 2022-2023** Scientific lead: “Evaluierung Jackpot.fit” [Evaluation of Jackpot.fit], funded by the SOCIAL INSURANCE INSTITUTION FOR THE SELF-EMPLOYED (SVS)
- 2021-2024** Scientific lead: “Wissenschaftliche Begleitung eines Gemeindeprojekts zur Stärkung der sozialen Teilhabe älterer Menschen” [Scientific support of a community project to strengthen the social participation of older people], funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS)
- 2021-2022** Scientific lead: “Entwicklung eines Umsetzungsplans für ein wirkungsorientiertes Evaluations- und Monitoringsystem” [Development of an implementation plan for an impact-oriented evaluation and monitoring system], for “Tut gut!” Gesundheitsförderungs GmbH, funded by the LOWER AUSTRIAN HEALTH AND SOCIAL FUND (NÖGUS)

PUBLICATIONS (SELECTION)

Full list ORCID: <https://orcid.org/0000-0002-4202-1382>

Scopus (as of 21.10.2026): 13 publications, 208 citations, h-index 8

- 2026** Grillich, L., Seidl, K., Pell, A., Nikitin, J., & Laireiter, A.-R. (2026). Developing Quality Criteria for Community-Based Loneliness Interventions in Older Adults: An Evidence-Informed Framework. *Journal of Prevention*. <https://doi.org/10.1007/s10935-026-00926-6>
- Grillich, L., Seidl, K., Pell, A., Nikitin, J., & Laireiter, A.-R. (2026). Developing a Logic Model Framework for Community-Dwelling, Non-Familial Intergenerational Programmes. *Journal of Prevention*, 47(2), 353–371. <https://doi.org/10.1007/s10935-025-00880-9>
- 2025** Affengruber, L., Grillich, L., Schultes, M.-T., & Sommer, I. (2025). Evaluation of “Sport for the Strong” – a project for the integration of children and adolescents with special educational needs into club sports. *Evaluation and Program Planning*. <https://doi.org/10.1016/j.evalprogplan.2025.102700>
- 2023** Glechner, A., Wagner, G., Mitus, J. W., Teufer, B., Klerings, I., Bock, N., Grillich, L., Berzacz, D., Helbich, T. H., & Gartlehner, G. (2023). Mammography in combination with breast ultrasonography versus mammography for breast cancer screening in women at average risk. *Cochrane Database Syst Rev*, 3(3), CD009632. <https://doi.org/10.1002/14651858.CD009632.pub3>
- Grillich, L., Titscher, V., Klingenstein, P., Kostial, E., Emprechtinger, R., Klerings, I., Sommer, I., Nikitin, J., & Laireiter, A.-R. (2023). The effectiveness of interventions to prevent loneliness and social isolation in the community-dwelling and old population: an overview of systematic reviews and meta-analysis. *European Journal of Public Health*. <https://doi.org/10.1093/eurpub/ckad006>
- Giel, S.; Grillich, L.; Köhler, L.; Uzunova (2023). Evaluation der Digitalisierung in der lebensweltbezogenen Prävention und Gesundheitsförderung [Evaluation of digitalisation in setting-based prevention and health promotion]. In: Nomos

Verlagsgesellschaft, Settingbezogene Gesundheitsförderung und Prävention in der digitalen Transformation [Setting-based health promotion and prevention in the digital transformation]: 177-196, Nomos Verlagsgesellschaft, Baden-Baden

Seel, M.; Deipenbrock, J.A.; Sörensen, J.; Grillich, L. (2023). Ansätze zur Gestaltung des Versorgungswandels in der Settingprävention: Design Thinking als Methode der partizipativen Entwicklung digitaler Angebote in der Gesundheitsförderung für den Verband der Privaten Krankenversicherung [Approaches to shaping the transformation of care in setting-based prevention: design thinking as a method for the participatory development of digital health promotion services for the Association of Private Health Insurance]. In: Nomos-Verlagsgesellschaft, Settingbezogene Gesundheitsförderung und Prävention in der digitalen Transformation [Setting-based health promotion and prevention in the digital transformation]: 287-306, Nomos-Verlagsgesellschaft, Baden-Baden

2022 Grillich, L.; Szelag, M.; Ebenberger, A. (2022). Wirkmodell zur Stärkung der Gesundheitskompetenz [Impact model for strengthening health literacy]. DOOR University of Krems, Publisher: University of Krems: <https://doi.org/10.48341/g3dd-7586>

Teufer, B.; Lang, G.; Affengruber, L.; Grillich, L. (2022). Challenges and Opportunities of Digitalization for Health and Well-Being at Work – Results from a Mixed-Methods Cross-Sectional Study from Austria. DOOR University of Krems, Publisher: University of Krems: <https://door.donau-uni.ac.at/view/o:2721>

2021 Grillich, L.; (2021). Risikofaktor Einsamkeit [Loneliness as a risk factor]. Qualitas, 04: 15, Schaffler Verlag, <https://www.gesundheitswirtschaft.at/zeitschriften-abos/qualitas-archiv/>

2020 Grillich, L.; Kostial, E. (2020). Influencing factors and determinants of health literacy. European Journal of Public Health, Volume 30, Issue Supplement_5, September 2020, <https://doi.org/10.1093/eurpub/ckaa165.1049>

Teufer, B.; Lang, G.; Affengruber, L., Grillich, L. (2020). Challenges and opportunities of digitalization for health and well-being at work. European Journal of Public Health, Volume 30, Issue Supplement_5, September 2020, <https://doi.org/10.1093/eurpub/ckaa165.029>

2016 Grillich, L., Kien, C., Takuya, Y., Weber, M., & Gartlehner, G. (2016). Effectiveness evaluation of a health promotion programme in primary schools: A cluster randomised controlled trial. BMC Public Health. <https://doi.org/10.1186/s12889-016-3330-4>

PRESENTATIONS/POSTERS/WORKSHOPS (SELECTION)

Further presentations in the research database of the University of Krems: <https://www.donau-uni.ac.at/en/university/organization/employees/person/4295160336>

- 17.09.2026** 28th Annual Conference of the Austrian Public Health Association (ÖGPH): “Evidenzinformierter Anforderungskatalog für gruppenbasierte Formate zur Stärkung der individuellen Gesundheitskompetenz in Gesundheitsförderung, Prävention und Versorgung (SIGGS)” [Evidence-informed requirements catalogue for group-based formats to strengthen individual health literacy in health promotion, prevention and care (SIGGS)]
- 16.09.2026** Workshop at the 28th Annual Conference of the Austrian Public Health Association (ÖGPH): “Anforderungen an gruppenbasierte Formate zur Stärkung der Gesundheitskompetenz – Praxistest eines evidenzinformierten Anforderungskatalogs” [Requirements for group-based formats to strengthen health literacy – a practice test of an evidence-informed requirements catalogue]
- 25.09.2025** 15th EUSPR Conference and Members’ Meeting: Quality Criteria for Municipal Interventions on Social Isolation and Loneliness in Older Adults: A Transdisciplinary Approach
- 18.09.2025** 28th Annual Conference of DeGEval: “Evidenzinformierte Bewertungskriterien als Professionalisierungsansatz der Evaluation in der Gesundheitsförderung” [Evidence-informed assessment criteria as a professionalisation approach to evaluation in health promotion]
- 06.08.2025** UNIVERSITY OF KREMS, Health Promotion Research Seminar: Contributions to evidence-informed practice for strengthening the social participation of older people
- 18.10.2024** 27th Annual Conference of the Austrian Public Health Association (ÖGPH): “Soziale Teilhabe stärken: Externe Evaluation ausgewählter Prozesse und Resultate von Jackpot.fit-Niederösterreich” [Strengthening social participation: external evaluation of selected processes and results of Jackpot.fit Lower Austria]
- 18.10.2024** 27th Annual Conference of the Austrian Public Health Association (ÖGPH): “Soziale Teilhabe stärken: Generationenübergreifende Programme als innovativer Public Health-Ansatz” [Strengthening social participation: intergenerational programmes as an innovative public health approach]
- 20.09.2024** DACH – Netzwerk für Gesundheitsförderung [DACH Network for Health Promotion]: “Evaluation und Wirkungsforschung in Österreich” [Evaluation and impact research in Austria]
- 19.09.2024** 27th Annual Conference of DeGEval: “Perspektive Gesundheitsförderung und Prävention” [The health promotion and prevention perspective]
- 12.09.2024** 15th EUSPR Conference and Members’ Meeting: Promoting Social Participation through Intergenerational Connections in the Community: Enablers and Benefits
- 06.10.2023** 14th EUSPR Conference and Members’ Meeting: Implementing a digital Healthy Setting approach: learnings from the developmental evaluation of a digital health promotion infrastructure

- 19.09.2023** 3rd network meeting of the national strategy “Gesundheit im Betrieb” [Health at Work]: “Wirksamkeit von BGM: Die Rolle von Evaluation und Evidenz” [Effectiveness of workplace health management: the role of evaluation and evidence]
- 14.09.2023** 26th Annual Conference of DeGEval: “Wie gelingt überzeugende Evidenz in der Evaluationspraxis? Eine politikfeldübergreifende Diskussion” [How can convincing evidence be achieved in evaluation practice? A cross-policy discussion]
- 16.06.2023** Talk at the Nordic Health Promotion Research Conference: “Developing an impact model for a digital health promotion and prevention platform”
- 23.05.2023** Poster at the 18th Biennial European Conference of the Society for Medical Decision Making: “Implementing a digital Healthy Setting approach: Results of a SWOT analysis for development and implementation of a digital health promotion platform”
- 23.05.2023** Poster at the 18th Biennial European Conference of the Society for Medical Decision Making: “Assessing stakeholder participation and engagement in the development of a digital platform for health promotion and prevention in settings”
- 25.04.2023** Talk at the Dreiländertagung Betriebliche Gesundheitsförderung [Tri-national Conference on Workplace Health Promotion]: “BGF in der Arbeitswelt 4.0 – Ergebnisse der externen Evaluation des FGÖ-BGF-Projektcalls” [Workplace health promotion in the world of work 4.0 – results of the external evaluation of the FGÖ workplace health promotion project call]
- 09.11.2022** Poster at the 15th European Public Health Conference: “The effectiveness of interventions to prevent loneliness and social isolation in the community-dwelling elderly population: an overview of systematic reviews and meta-analysis”
- 06.10.2022** Talk at the 7th ÖPGK Conference “Gut orientiert durchs Gesundheitssystem? Navigation braucht Gesundheitskompetenz!” [Well oriented through the health system? Navigation needs health literacy!]: “BGF in der Arbeitswelt 4.0 – Hauptergebnisse der Evaluation und Handlungsempfehlungen” [Workplace health promotion in the world of work 4.0 – main evaluation results and recommendations]
- 30.09.2021** Talk at the 12th European Society for Prevention Research (EUSPR) Conference and Members’ Meeting, Austria: “Requirements for effective psychosocial interventions to prevent loneliness in older people living at home”
- 16.09.2021** Talk at the 24th Annual Conference of DeGEval, Austria: “Developmental Evaluation: Voraussetzungen, Herausforderungen, Lösungsansätze” [Developmental evaluation: prerequisites, challenges, solutions]
- 15.10.2020** Talk at the 16th World Congress of Public Health, virtual congress, Italy: “Influencing factors and determinants of health literacy”
- 18.09.2020** Talk at the 23rd Annual Conference of DeGEval – Gesellschaft für Evaluation e.V., 17–18 September 2020, online: “Evaluation komplexer Interventionen:

Herausforderungen bei der Kommunikation der Ergebnisse eines cRCT" [Evaluation of complex interventions: challenges in communicating the results of a cRCT]

- 18.10.2019** Talk at the EPOPS FINAL CONFERENCE, Palma de Mallorca, Spain: "The Challenges of community-based prevention and health promotion in Europe"
- 19.09.2019** Talk at the 5th Conference of the Austrian Health Literacy Alliance (ÖPGK) "Digitalisierung braucht Gesundheitskompetenz" [Digitalisation needs health literacy], St. Pölten, Austria: "Förderung der Gesundheitskompetenz durch Digitalisierung in der betrieblichen Gesundheitsförderung" [Promoting health literacy through digitalisation in workplace health promotion]
- 16.09.2019** Talk at the 10th EUSPR Conference and Members' Meeting, Ghent, Belgium: "Regional Health Coordination: Development and initial results"
- 12.09.2019** Talk at the 22nd Annual Conference of DeGEval "Evaluation und Nachhaltigkeit" [Evaluation and Sustainability], Bonn, Germany: "Auswahl und Implementierung projektübergreifender wirkungsorientierter Kernindikatoren" [Selection and implementation of cross-project impact-oriented core indicators]
- 23.05.2019** Talk at the 22nd Annual Scientific Conference of the Austrian Public Health Association (ÖGPH), Vienna, Austria: "Wirkmodell Gesundheitskompetenz" [Impact model of health literacy]
- 30.11.2018** Talk at the 11th European Public Health (EPH) Conference, Ljubljana, Slovenia: "Regional Health Coordinators: Community Capacity Building for Health Promotion and Prevention"
- 26.10.2018** Talk at the 9th EUSPR Conference and Members' Meeting, Lisbon, Portugal: "Implementing the GRADE Evidence to Decision (EtD) framework to answer a broad public health question"